

Kimberley Regional Aboriginal Men's Health Sub-committee Action Plan 2023 – 2026

Summary

Each Kimberley Aboriginal Health Planning Forum (KAHPF) Sub-committee is responsible for developing a three-year action plan for endorsement by the KAHPF. Action plans consider a life-course approach (image right) and align with the key priorities of the KAHPF Strategic Plan:

1. Promoting circumstances where individuals, families and communities can be healthy
2. Strengthening prevention, early identification, and management of chronic disease
3. Improving the patient journey through the health system by ensuring seamless continuity of comprehensive, culturally responsive primary health care
4. Supporting, developing, and growing a strong Aboriginal health workforce
5. Ensuring health research, evaluation and evidence transfer is designed, collected, and utilised in a culturally secure manner
6. Planning, coordinating, and advocating for positive change for Aboriginal people in the Kimberley

Life Course Approach



Reporting:

Each Sub-committee will provide a regular progress update to KAHPF by submitting an updated copy of their action plan to the KAHPF Secretariat prior to each KAHPF meeting. In addition, Sub-committee chairs will meet annually with the KAHPF to discuss key achievements and identify areas requiring further focus and support.

Sub-committee purpose:

The Kimberley Regional Aboriginal Men's Health Sub-committee (KRAMHS) has a collaborative purpose that aims to benefit all members and the communities they serve by working together to identify strategies and activities to improve the health, wellness and mental health outcomes of Kimberley males, reduce incidences of self-harm, violence and alcohol and other drug use, increase proportion of men who have regular health checks, support men's wellness groups and build the number and capacity of male health workforce in the Kimberley regions.

**Kimberley Regional Aboriginal Men's Health Sub-committee
Action Plan 2023 – 2026**

Goals	Key Priorities	Stages of the life course	Sub-committee collaboration	Timeframe	Achievable Key Strategies Supports
1. Promote and support Aboriginal men to enrol in and complete the cert III/IV Aboriginal Health Worker course with the intent to enter the Kimberley health work force.	1, 2, 3, 4	<ul style="list-style-type: none"> • Growing up resilient, healthy children. • Ensuring a healthy transition to adulthood. • Supporting adults to live well. • Preparing elders for healthy ageing. • Supporting a strong start to life. 	<ul style="list-style-type: none"> • Health Workforce Alliance 	Jan 2027	<ul style="list-style-type: none"> • Promoting/supporting a minimum 5x or more male Aboriginal Health Workers to complete the AHW cert III or IV courses, by the end of 2024 (this year course has already started). • Hiring more local Aboriginal men in the health-related jobs in towns and communities (This will help with male role modelling and can the push men to complete the AHW course).
2. Increase STI testing and treatment for Aboriginal men with a focus of improving access to testing.	1, 2, 3	<ul style="list-style-type: none"> • Supporting a strong start to life. • Ensuring a healthy transition to adulthood. • Supporting adults to live well. 	<ul style="list-style-type: none"> • Sexual and Reproductive Health 	Jan 2027	<ul style="list-style-type: none"> • Run at least 1x annual outreach testing event day in each town/community, e.g. through local footy teams, men's spaces, camps, or community event.
3. Providing more culturally appropriate opportunities to support and empower Aboriginal men to be positive role models, including fathers, grandfathers, uncles, and brothers.	1, 2	<ul style="list-style-type: none"> • Growing up resilient, healthy children. • Supporting adults to live well. 	<ul style="list-style-type: none"> • Maternal, Child, Youth and Family Health 	Jan 2027	<ul style="list-style-type: none"> • Consult with Aboriginal men in the Kimberley to determine the structure and content of a male parenting program/groups. • Develop a working relationship with the Australian Nurse Family Partnership Program (ANFPP) team to provide support for young dads.

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					<ul style="list-style-type: none"> Promote 1 or 2 male role models in each town/community getting them to advocate in events/programs.
4. Increase the number of appropriate spaces to be available for Aboriginal men to gather, access health and well-being services, receive appropriate support and practice culture.	1	<ul style="list-style-type: none"> Ensuring a healthy transition to adulthood. Supporting adults to live well. Preparing elders for healthy ageing. 	<ul style="list-style-type: none"> Environmental Health Drug, Alcohol and Mental Health 	Jan 2027	<ul style="list-style-type: none"> Support towns and communities to have an active men's shed or space. Compile a list of current healing centres and programs based in the Kimberley. Develop a system/calendar for services linked to the subcommittee to share key events, camps, travel by the end of July 2023. Support health or other organisations to run on country camps
5. Support the development of men's gatherings that focus on cultural strengthening across the life course, education and awareness of health issues and strengthening mental health and social and emotional wellbeing. Deliver a biannual regional men's health gathering and localised gatherings during the off year.	1, 2, 6	<ul style="list-style-type: none"> Growing up resilient, healthy children Ensuring a healthy transition to adulthood. Supporting adults to live well. Preparing elders for healthy ageing Supporting a strong start to life. 	<ul style="list-style-type: none"> Maternal, Child, Youth and Family Health Sexual and Reproductive Health Environmental Health Drug, Alcohol and Mental Health Chronic Disease Research 	Jan 2027	<ul style="list-style-type: none"> Obtain funding. Employ someone to begin organising for 2024 camp.